



If you would like to inquire about LifeQuest's Day Services, we would love to talk to you! You can find out more information on our website, or you can contact us directly by phone or email:

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DAY SERVICES

Helping people live full, purposeful lives where they are encouraged to pursue and achieve their goals and dreams is a valuable part of LifeQuest. Our Day Services program provides motivating, fulfilling opportunities every day to enhance job skills and life skills, explore creative interests and hobbies and make meaningful connections with one another and the community.











Making that transition from high school to the adult world is important in everyone's life. At LifeQuest, we gear supports around helping people learn and enhance skills so that they may find employment, live in a "home away from home," and participate in the life of their community.

LifeQuest combines in-house learning courses with hands-on experiences in the community through volunteering, employment and other community resources and activities in order to help people gain skills that open doors to opportunities for their future. A transition like this takes time. Having support to help learn skills related to finances, employment, daily living, accessing the community and other important aspects is important and comforting.



With puzzles, games, crafts, music and art, the list of ways people hang out and have fun together is endless. People coming together to laugh and engage is something many enjoy as they attend LifeQuest's Day Program. LifeQuest strives to provide people

with activities that draw from their creative and unique personalities in a way that they can share with others.

People enjoy the company of each other at in-house locations as well as taking in activities in the community!



## **LEARNING AND ENHANCING LIFE SKILLS**

Helping people reach greater levels of independence and boosting self-esteem and confidence is a daily goal at LifeQuest. Through services dedicated to community life, we are able to provide people with activities that enhance their employability skills and allow them to experience all the opportunities the local community has to offer. LifeQuest encourages people to get out and about, connect with others and participate in activities that align with their interests. These valuable community connections have allowed people to develop deep bonds with friends, families and co-workers outside of LifeQuest, creating meaningful relationships that truly enrich lives.

## MAKING A DIFFERENCE IN MILBANK

LifeQuest is proud of their connection with the Milbank community and the opportunity to offer a variety of supports including day services, job development and coordination of services. This is an active program that thrives while contributing to their community and utilizing all that the area has to offer!

66 It is so rewarding to see the growth in people and to watch them learn new skills that contribute to them being more confident, self-aware and interested in the world around them. Every person is unique and we are passionate about letting that uniqueness shine through. I love LifeQuest and all the people here. This is a truly special place that just feels like family.

LIZ / DIRECT SUPPORT PROFESSIONAL